



APRIL

ACADEMIC PERFORMANCE RESOURCES IN LSUHSC-NO

APRIL provides an umbrella of academic support services for all LSU Health Sciences Center (LSUHSC) students in New Orleans through LSUHSC Student Health. Funding for many of these services comes from Student Health Fees and Student Health Insurance. However, not all services may be covered. Please familiarize yourself with the scope of your health insurance coverage. For convenience, this brochure outlines the services available, the providers and contact numbers. Students may choose to contact any of the following service providers directly or may seek information through their Office of Student Affairs.

CAMPUS ASSISTANCE PROGRAM (CAP)

(504) 568-8888 or cap@lsuhsc.edu

<http://www.lsuhs.edu/orgs/campushealth/cap.aspx>

- Crisis Line (504-568-8888) with a CAP counselor on-call 24 hours a day/365 day a year to assist in times of crisis
- Services provided for problems with anxiety, depression, stress, marriage and family, relationships, legal or financial concerns, grief, and alcohol or drugs
- Free short-term confidential counseling and referral services for students, their significant others and/or immediate family members and, when needed, referral will be made to a specialist within the community for the most cost-effective services
- Provides the Interactive Screening Program (ISP) which allows students to anonymously communicate with a CAP counselor about mental health resources. <https://www.lsuhsccares.org>

ACADEMIC & NEUROPSYCHOLOGICAL ASSESSMENTS

Referrals made through CAP (504) 568-8888
or your school's Student Affairs Office

- Academic and neuropsychological assessments (intellectual, cognitive & psychological tests) to diagnose cognitive disabilities including:
 - Attention deficit disorder
 - Learning disabilities
- Individualized recommendations made to remediate or accommodate students with disabilities
- Assessment services may be covered under LSUHSC Student Health Insurance

OFFICE OF DISABILITY SERVICES (ODS)

(504) 568-2211 or ods@lsuhsc.edu

<https://www.lsuhs.edu/administration/academic/ods/>

ODS facilitates the process of academic accommodations for students with disabilities and works in collaboration with the professional schools of the Health Sciences Center. Students can visit the ODS website for:

- Student intake form
- Accommodation Procedures and Guidelines

SCHOOL OF ALLIED HEALTH PROFESSIONS

Child & Family Counseling Clinic

(504) 556-3451 or cfcc@lsuhsc.edu

- Outpatient mental health clinic
 - Provides mental health services to children, adolescents, adults, and their families
 - Located in the School of Allied Health Professions in the Department of Counseling
- Teaching, training, and research facility
- Individual mental health services
- Group mental health services
- Family mental health services
- Psychological/Psychoeducational evaluations
- Appointments scheduled based on clinician availability and scope of practice

Department Of Communication Disorders

(504) 568-4348

- Speech-Language Pathology
 - Assessment includes spoken language, speech (articulation, fluency and voice), written language, reading skills, oral structure and function, augmentative and alternate modes of communication
 - Treatment includes speech disorders, language disorders (oral and written), cognitive communication disorders, augmentative and alternate communication devices, accent modification, enhancing speech-language proficiency and language-based academic problems
- Audiology
 - Comprehensive assessment of hearing skills
 - Comprehensive assessment of listening skills
 - Treatment including aural rehabilitation, auditory prostheses (hearing aids and assistive listening devices), dizziness/vertigo testing, ear molds/swim molds and musician earplugs

Physical Therapy Clinic

(504) 568-4042 or **(504) 568-4288**

- Services offered include evaluation and treatment of musculoskeletal and neurologic conditions
- Goals of PT include decreasing pain and improving motion
- Interventions offered include manual therapy, dry needling, neuromuscular re-education, gait and balance training, and vestibular rehabilitation

Occupational Therapy Clinic

(504) 568-4302 or otno@lsuhsc.edu

- The LSUHSC Occupational Therapy Clinic offers outpatient rehabilitation services for adults with vestibular disorders, orthopedic injuries, neurological disorders, and chronic conditions
- The goal of occupational therapy is to improve daily functioning
- Treatment is centered around reducing the effects of impairments on satisfactory functioning in school, work, and leisure activities



**FREE OFF-CAMPUS
PROFESSIONAL COUNSELING
(504) 236-2623**

- Crisis intervention
- Initial assessment and referrals as needed
- Individual counseling (brief and long-term) for individuals, couples, and families
- Grief counseling
- Stress management techniques
- Mental health education
- 6 sessions as a benefit – no cost to you

STUDENT HEALTH

<http://www.lsuhsu.edu/orgs/studenthealth/>

Appointments available at:

- **478 Johnson St. 3rd Floor (504) 568-1800**
New Orleans, LA. 70112
- **For after-hour emergencies (504) 412-1366**
New Orleans, LA. 70112
- Preventive health care, including immunizations
- Health care for episodic illnesses
- Health care for chronic health issues
- Referral for laboratory work and/or specialty services

**WELLNESS CENTER
CALs (504) 568-3700**

<http://www.lsuhsu.edu/administration/wellness/>

- Hours of Operation: 6:00 am – 10:00 pm Monday – Thursday, Friday 6:00 am – 8:00 pm, Saturday 9:00 am – 4:00 pm
- 18,000 square feet
- Cardiovascular equipment: treadmills, bikes (upright and recumbent), ellipticals, rowers and Adaptive Motion Trainer's (AMT)
- Selectorized weight equipment: Nautilus Nitro
- Plate loaded/free weights
- Pilates reformer classes, fitness assessments and exercise orientations – by appointment
- Lounge area

- Shower facilities and spacious saunas located in the locker rooms

APRIL FACILITATORS

Kendra M. Barrier, PhD, MSN, RN, CNE
Associate Dean for Engagement, School of Nursing

Margaret Bishop-Baier, MD
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Irena Schmidt, LCSW
Off Campus Professional Counselor

Demetrius Porche, DNS, PhD
Vice Chancellor for Academic Affairs

Leigh Smith-Vaniz
Director of the Office of Disability Services
Title IX Coordinator

Raymond Puglisi
Manager – Wellness Center

This brochure is on the web at
<http://www.lsuhsu.edu/administration/academic/APRIL.aspx>

**Students
Are You Experiencing
Academic Problems,
Trouble Concentrating,
Test Anxiety or Stress?**



APRIL



**Can
Help
You**

**A GUIDE TO
A CADEMIC
P ERFORMANCE
R ESOURCES
I N
L SUHSC-NO**